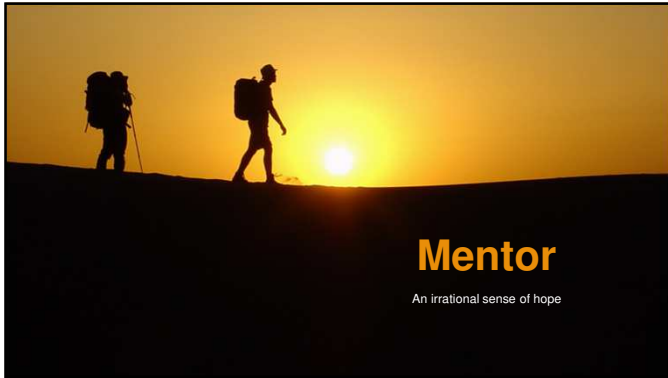
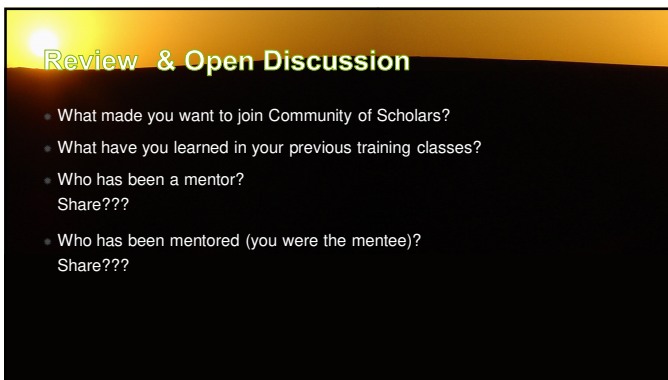


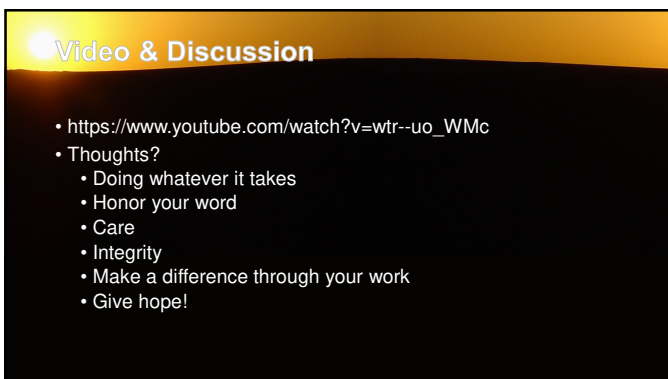
Mentoring Training - Module 5

What is a Mentor?

A Good Mentor is Not & Mentoring Expectations







Mentor Definition

Verb
to teach or give advice or guidance to (someone, such as a less experienced person or a child); to act as a mentor for (someone)

Noun
someone who teaches or gives help and advice to a less experienced and often younger person
a trusted counsellor or guide; tutor or a coach.
(Merriam Webster Dictionary)

Good Mentor Qualities

- Committed - honor your word
- Care
- Integrity
- Trusting - keep confidence
- Reach out
- Listening ear
- Open heart
- Teacher
- Patient
- Give hope
- Work
- Selfless

A good mentor is not...

- All talk
- Sourpuss
- Out of the office reply
- NOSY - ALL UP IN THEIR BUSINESS
- Negative and tear down mentee
- Let's be friends
- Let's be more than friends
- Do not push your own image of the mentee
- Do not push your dreams on the mentee
- Selfish
- It's all about your agenda
- Do not create co-dependency

Biblical perspective

- 1 [Pro 4:7 KJV] 7 Wisdom [is] the principal thing; [therefore] get wisdom: and with all thy getting get understanding.
- 2 [Jas 1:5 KJV] 5 If any of you lack wisdom, let him ask of God, that giveth to all [men] liberally, and upbraideth not; and it shall be given him.
- 3 [Jas 5:16 KJV] 16 Confess [your] faults one to another, and pray one for another, that ye may be healed. The effectual fervent prayer of a righteous man availeth much.
• Know what confessions you can handle.
- 4 Spiritual Self-Care - Know your limits and what you can handle.

Mentor Quotes

- "A mentor is someone who allows you to see the hope inside yourself." — Oprah Winfrey
- "What I think the mentor gets is the great satisfaction of helping somebody along, helping somebody take advantage of an opportunity that maybe he or she did not have." — Clint Eastwood
- "A mentor is someone who sees more talent and ability within you, than you see in yourself, and helps bring it out of you." — Bob Proctor

• Thoughts, questions, stories???
