

Mentor Training & Orientation

Building healthy Interactions: Active Listening and Bad Communication Module Six – October 8, 2017

“Wherefore, my beloved brethren, let every man be swift to hear, slow to speak, slow to wrath: For the wrath of man worketh not the righteousness of God.” James 1:19-20

I. Jesus the Great Communicator

- A. Jesus instructs the disciples on method of communication (Lk. 9:1-6; Mk 6:7-13)
Note: Ec. 4:9-10; Lk. 22:35-36; Jn. 16:32
 - The Lord appointed seventy sent them two by two (Lk. 10:1-11,17-20)
 - 1. Declare peace (Matt. 10:11-14; Lk. 9:4, 10:5-8; Acts 16:15; Psa. 119:165)
 - 2. Trust (Prov. 11:13, 20:19)
- B. Jesus understood their needs and instructs the disciples (Mk. 9:29; Lk. 11:1-4)
Note: 1 Jn. 3:17; Lk. 3:11
 - 1. Discipline (1 Thess. 4:1-12; 1 Tim. 4:11-16; Prov. 25:28)
- C. Kingdom of God (Matt. 28:19, 6:31, 33 Jn. 3:5-8)
 - 1. Jesus shows the risks of following him (Mk. 10:32-34)
 - Moses chose to suffer affliction than to enjoy pleasures of sin (Heb. 11:24-26)
 - John Mark did not complete the mission (Acts 12:25, 13:13, 15:38; 2 Tim. 4:11)
 - Mentor (*Jesus*) was denied by (*Peter*) mentee (Lk. 22:34,54-62)
 - False witness against Stephen led to his death (Acts 6:5, 7:54-60)

II. Effective Communication

- A. 6 Types of Communication Methods - *Listening, verbal, nonverbal, emotional awareness, written, and communication in difficult situations*
 - 1. Verbal or non-verbal communication – (Col. 4:6; Ps. 19:14, 141:3; Eph. 4:15-16)
 - Moses was learned mighty in words and deeds – Acts 7:22
 - The Lord spake unto Moses face to face (Ex. 33:11; Deut. 34:10)
 - Mentee (Moses) submits to mentor’s (Jethro) advice (Ex. 18:19-26)
 - Moses communicates with God the burden (Num. 11:11-14)
 - Seventy elders appointed to aid Moses (Num. 11:16-17)
 - 2. Active Listening (Prov. 10:19, 18:2, 13, 21:23)
 - Physical attention – Clear your mind and focus on your mentee
 - Ask open-ended questions
 - Be aware of non-verbal messages (body language- touch, expressions, etc.)
 - Give the same level of respect that you desire

III. Bad Communication

- “But the tongue can no man tame; it is an unruly evil, full of deadly poison.” Jas. 3:8*
- Emotional Awareness - means knowing when feelings are present in ourselves and others and reacting in the moment without being judgmental.
 - Heart – evil corrupt, idle word, etc. (Matt. 12:34-37; Luke 6:43-45; Prov. 15:1-2)
 - Mentor potential disciple without competition (Phil. 2:3-4; Gal. 5:26; Lk. 16:15; 14:7-11; 1 Cor. 3:3; Rom. 13:13; Eph. 5:21)
 - Contentment & Behavior (Phil. 2:14-15, 4:5, Gal. 5:19-21, 6:7-9; Col. 3:23; 1 Pet. 2:12)

